

*IF YOU ARE PREGNANT  
AND HAVE A COLD....*

*1. WHAT CAN I TAKE?*

You can take regular Tylenol for aches and pains and any low-grade fever, according to the instructions on the package.

You can also take regular Robitussin for cough, or regular cough drops (Halls, etc.)

You can use a nasal spray (like Afrin) for a couple days, but no longer than three.

*2. WHEN SHOULD I CALL THE OFFICE?*

If you have a fever over 101 degrees, be sure and call us before you take anything at all.

If you are not yet 12 weeks pregnant, we'd like you to call the office, as well.

And, of course, call the office with any abdominal pain or bleeding.